

Membership Newsletter

Sent weekly on Tuesdays
and Thursdays

From: membership@honehq.com

Subject Line: Upcoming Hone classes

Date Sent: Weekly on Tuesdays and
Thursdays

Hone

How to motivate yourself and those around you.

February is a great time to reassess goals and refocus energy to set the tone for the year.

Take this opportunity to **kickstart your personal motivation** and to **bring your teammates along** with you.

Check our recommended [upcoming](#) classes or see our full schedule [here](#).

Best of: Motivation

[View All](#) ↗

Set Powerful Goals (4.8 ★)

The right goals can help you be more persistent, focused, and motivated. Join this class to learn our goal-setting framework and strategies to increase the likelihood of achieving your goals.

[Register](#)

Utilize Your Strengths (4.8 ★)

Identify and leverage your strengths in your day-to-day work, to not only grow your skills but to also do work that is energizing and produces your best results.

[Register](#)

Motivate Anyone to Do Their Best Work (4.7 ★)

Intrinsic motivation is proven to be just as important as extrinsic factors like financial gain. Learn to tap into anyone's desire to be self-directed, improve, and to do purposeful work.

[Register](#)

Manage to Your Team's Strengths (4.7 ★)

Hone | Masterclasses



WED, FEB

14

3 PM ET

Create Values-Based Goals to Start 2024 with Purpose

Perfect for: All audiences.

Revisit (or set) your intentions for 2024. Join life and executive coach Bea Kim in a guided process of workshopping SMART goals tailored to your core values. Leave this **class** with clarity around your goals and an action plan to progress towards your ambitions this year.

Save Your Spot



TUE, FEB

20

12 PM ET

Tell Powerful Stories with Data and Uplevel Your Presentations

Perfect for: All professionals who want to uplevel their presentation skills.

In a world of endless data, building a strong narrative has become an invaluable skill. Join **Amy D. Grubb, Ph.D.**, who currently leads the digital transformation of the FBI, to learn the art of telling compelling stories with data. Leverage Amy's proven techniques to drive understanding and impact.

Sign Up Now



What No One Tells You About Going from IC to Manager

Perfect for: Aspiring and current people managers.

Adapting from an individual contributor to a people manager can be more intentional than you think. Learn from **Sabrina Creighton**, who has led teams across Fortune 100 companies, and who "failed" in her first leadership role.